



Intro Research Camp Packing List

General

- A backpack that can fit lunch, water, extra clothes, field gear
- 2 water bottles
- Sunhat/baseball hat
- Bug spray

Clothing

- Rain jacket or poncho
- Fleece/warm jacket
- Warm beanie/hat
- Non-cotton tops (2-3)
- Hiking/exercise pants or shorts (2-3)
- Synthetic or wool socks (1 per day)
- Underwear (1 per day)
- Pajamas: fleece/long johns (1 pair)
- Hiking Shoes or boots
- Bathing suit (1)

Hygiene

- Towel and washcloth
- Sunblock and lip balm
- Toothbrush and toothpaste
- Camp soap
- Lotion (your skin can get dry being outside so much)
- Masks

Camping

- Warm sleeping bag (It can get down into the '30s at night)
- Tent
- Sleeping pad or cot (keeps you off the ground and warm)
- Extra shoes for water/camp (Crocs, water shoes, sandals, flip flops)
- Extra clothes and socks if you don't want to wear your field clothes around camp
- Pillow
- Headlamp/flashlight/lantern
- Camping food kit: Plate/Bowl/Mug/Fork/Spoon/Knife/Cup (nothing breakable)
- Good book
- Journal and pen/pencil and drawing stuff (optional)

Please communicate with the camp manager about your plans regarding a tent sleeping pad and sleeping bag. We have some tents, sleeping pads, and sleeping bags available and we need to know who needs them.



Food

We will provide camping food. There is no refrigeration and ice will melt before the week is up so there will be few fresh items. If you want to supplement with any of your favorite foods please remember there are no coolers, but you are welcome to bring some comfort foods.

Optional:

- Binoculars (we have a couple of pair you can borrow, let us know)
- Snacks/comfort food
- Readings or information for things you are interested in learning about
- Camera
- Phone and solar/pre-charged charger (there is no electricity at camp and there is no cell service at camp, but I know that most kids like to use these for photos and video)
- Computer for data if you are planning to do a longer term project. It needs to have a good battery and or a charger (solar or good battery pack), you can be cautious with the use
- Camp chair
- Hammock
- Pocket Knife
- Cards or small travel game
- Lifejacket required to go out in the lake (we are on the lake)
- Kayak/SUP/Inflatable Lake Float (if you have something you want to use on the lake feel free to bring it, just let us know what you are bringing so we can plan)

For more information about the Washoe Lake: <https://parks.nv.gov/parks/washoe-lake>

Please call or email our Camp Manager Morgan Long with any questions:

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